



Harvest Food & Outreach Center 4th Annual Trot Against Hunger & Pancake Breakfast

Harvest Food & Outreach Center is hosting this Thanksgiving Day 5K Race at Riverside Park, Vero Beach, to bring attention to families who are hungry and in crisis due to the economic downturn here on the Treasure Coast.

Date: Thursday, November 24, 2011
Race Time: 7:30 - Race Day Registration starts at 6:30 am
Kids Race: 7:15 am - 1 mile (free) for kids ages 6 to 10 years old
Free Sweet Potato Breakfast: 8:00 am
Registration: Register online at www.trotagainsthunger.org or mail entry form to Runner's Depot at 436 21st Street, Vero Beach, Florida 32960 Phone: 772-569-7364.
Registration Fee: \$25 in advance, \$30 day of event. \$1.00 Service Fee for online registrations

5K Packet Pick-Up

Tuesday, Nov. 22nd & Wednesday, Nov. 23rd
10:00 am to 5:00 pm at
Runner's Depot of Vero Beach
436 21st Street • Vero Beach, Florida 32960
772-569-7364

- T-shirts for the first 800 registrants
- Registration fee includes entry, event t-shirt and chip timing
- Awards for Overall Male/Female, Masters Male/Female, Top 3 Males/Females in each age group: 9 and under and 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 + over

Trot Against Hunger Registration

Make checks payable to Harvest Food & Outreach Center and return this form to Runner's Depot, 436 21st Street, Vero Beach, 32960 or register online at www.trotagainsthunger.org.

First Name: _____ Last Name: _____

Address: _____ City: _____ ST: _____ Zip: _____

Phone: () _____ E-mail: _____

Date of Birth: ___/___/___ Age on race day: _____ Sex: M F

T-Shirt Size: Adult S M L XL

Family Registration (3+ family members)

3 - \$70.00 4 - \$90.00 5 - \$110.00

Additional Donation \$ _____ Total Amount Enclosed: \$ _____

Please see reverse side to complete registration

Please complete all the information.

First Name: _____
Last Name: _____
Date of Birth: ___ / ___ / ___ Age on race day: ____
Sex: M F

T-Shirt Size: Adult S M L XL

First Name: _____
Last Name: _____
Date of Birth: ___ / ___ / ___ Age on race day: ____
Sex: M F

T-Shirt Size: Adult S M L XL

First Name: _____
Last Name: _____
Date of Birth: ___ / ___ / ___ Age on race day: ____
Sex: M F

T-Shirt Size: Adult S M L XL

First Name: _____
Last Name: _____
Date of Birth: ___ / ___ / ___ Age on race day: ____
Sex: M F

T-Shirt Size: Adult S M L XL

WAIVER AND RELEASE: Including permission to participate in the 4th Annual Trot Against Hunger. I acknowledge that I fully understand that I will be engaging in activities that involve risk of injury caused by or resulting from my participation in the event: covenant not to sue and release the Runner's Depot and Harvest Food & Outreach Center/Kingdom Harvest, Inc., from any and all liability, loss, or damage attributable to my participation in this event: agree that photographs, pictures, slides, movies or videos of me may be taken in connection with my participation in the event without compensation from Runner's Depot or Harvest Food & Outreach Center/Kingdom Harvest, Inc. and further I consent to their use for any legal purpose; warrant that I am in good health and have no physical condition that would prevent me from participating in the event. I HAVE READ THIS WAIVER AND RELEASE AND SIGN VOLUNTARILY.

Signature: _____ Signature of parent (if runner under 18): _____